



Dear Friends,

Talk of spring always centers on a renewed sense of awakening in all aspects of life. Who can resist the appeal of budding flowers, green grass, newborn animals and the way new life makes us feel? At the same time, we hold a special place in our hearts for long-time traditions and fond memories

from years gone by. Such "treasures" from many years of living, sharing and loving are vital to the relationships among families, staff and volunteers that make St. Anne's a special place.

Subtle signs of treasured memories slipping away can cause worry and heartbreak for families. When the loss of practical behaviors and faculties becomes evident, we want the community to know what St. Anne's Salvatorian Campus offers residents suffering from memory impairments. St. Anne's is developing an extensive staff training program for providing care and services to residents with Alzheimer's disease and other forms of dementia. We continually strive to sustain excellence in the standards of practice and resident care, while embracing the dignity of every resident and fostering the strong bonds among residents, their families and our staff.

Age isn't a reliable predictor of how long fond memories remain intact and our beloved volunteer Ron Schwartz is a testament to that. Despite his humble protestations that other St. Anne's' volunteers are much more deserving of praise, we chose to shine the light on Ron in honor of his 100th birthday on Valentine's Day. Ron's strong bond with residents, staff and fellow volunteers made St. Anne's Gathering Room the perfect place to host his recent birthday party. For Ron, every day is a gift and he still recalls many gifts as if they were just yesterday.

In this issue we also acknowledge the thoughtful generosity of our 2010 donors who make training, programs and services a reality for the benefit of our residents. We are grateful for your ongoing support, and want you to remember that your kindness keeps you in a very special place in the heart of St. Anne's.

God's Blessings!

Lynn M. Vogt, Administrator

Enhanced Training Aims to Change the Course of Dementia Care

With one in eight people aged 65 and older having Alzheimer's disease, chances are that we all know someone suffering from this disease.

Living with Alzheimer's disease can be a disabling experience for both the person afflicted with this disease and his or her family. There are many moments of misunderstanding or confusion and the symptoms can become frustrating and difficult, particularly for those family members who become involved with ongoing care.

Alzheimer's disease is the most common type of dementia. It is a progressive brain disorder that gradually destroys the memory and greatly diminishes the capability to learn, make judgments, communicate and carry out normal daily tasks. It is often painfully difficult to watch a beloved family member lose faculties one by one until the person seemingly disappears, becoming almost a shell of the once strong and vibrant self. Unfortunately there is no cure for Alzheimer's, but effective care that addresses the physical, mental and emotional needs of everyone involved offers the best promise for managing the effects of Alzheimer's on residents and family members alike.

According to the Alzheimer's Association, estimates from various studies indicate that 45-67 percent of residents of assisted living facilities and 47 percent of all nursing home residents have Alzheimer's disease or other forms of dementia. Due to the prevalence of dementia among residents of nursing and assisted living facilities, St. Anne's is developing an extensive staff training program in providing care and services to persons with Alzheimer's disease and other forms of dementia.

The goal of enhancing dementia care training is to provide employees the opportunity for more professional

Continued on page 2 —>



Enhanced Dementia Care Training

Continued from front page

growth directed at improving the quality of life for St. Anne's residents. The most skilled and insightful staff members possess the most reliable and relevant knowledge, and they can spread that wealth of knowledge by sharing with residents' family members as well.

St. Anne's training program will be focused on person-directed dementia care, with the ultimate goal of creating an environment in which residents feel safe and appreciated. Important components of person-directed dementia care include: meeting the person's core psychological needs; recognizing all behavior is meaningful communication; knowing the people with dementia; teaching staff to have fun and be emotionally available; changing the language of care; and changing care planning to involve residents, families and staff.

Staff will learn how to ensure that residents with dementia have sufficient assistance to complete their health and personal routines. Training will include techniques and methods to maintain residents' physical well-being, increase self-esteem, provide intellectual stimulation, and maintain a connection with the outside world. Activities will encourage socialization, expression of feelings, independence, and use of remaining abilities. Consistent staff assignments will also help enhance the quality of the relationships between staff, residents and loved ones.

At St. Anne's Salvatorian Campus, we continually strive to sustain excellence in the standards of practice and resident care, while embracing the dignity of every resident and enriching their lives. ♥

Dementia in the United States...

5.3 million people suffer from Alzheimer's disease, the most common form of dementia

\$172 billion in annual costs

7th leading cause of death

Living with Dementia

*She's trapped inside the prison walls
That used to be her mind.
The woman that she used to be,
Has long been left behind.*

*There are times she's quite alert,
Her memory's still intact.
Then there are days when she disappears,
And we know it's not an act.*

*No longer able to care for herself,
We couldn't leave her alone.
Her safety had to be assured,
So we placed her in a home.*

*Good days are when we visit her,
And she calls us by our name.
She's grateful for the company,
And thankful that we came.*

*Most of the time it's difficult,
To see our Mom that way.
All we can do is love her now,
As we take life day by day.*

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Spring Cleanup!



**Are you handy with a rake?
Can you help trim bushes
and plant flowers?**

St. Anne's is looking for volunteers to assist with our campus-wide spring cleanup on Saturday, May 21 from 10 a.m. – 2 p.m.

If you are interested, please contact Lisa Anderson at 414-463-7570 ext. 346 or landerson@stannessc.org

Ron Schwartz Celebrates Life

Ron Schwartz greeted friends recently in the Gathering Room of St. Anne's Salvatorian Campus to celebrate his 100th birthday. For this steadfast St. Anne's volunteer, whatever each day brings is a celebration of life. It makes sense that the stuff most people take for granted, Ron considers the most wondrous inventions in his lifetime: indoor plumbing and the telephone.

Ron was second oldest of six children and it wasn't until the youngest was born that their rural Wisconsin household abandoned the outhouse. He still remembers the day a plumber installed warm running water. He also recalls his father driving the horse and buggy four miles into Troy Center to fetch the doctor. Even after his family had a telephone, says Ron, "No one called long distance unless it was an emergency—it cost too much!"

Ron also reminisces about days spent in a one-room school house.

"I got poor grades, but I got a good education because I liked to read the encyclopedia,"

According to Ron, "I was not a good student. I was a dreamer, an inventor. I would wave my pencil in the air and see a zeppelin, or push it around on my desktop and my pencil became a submarine."

Ron carried his childlike curiosity into adulthood and put it to good use. He was 42 years old when he and his father and brother decided to sell the family farm. Ron moved to Milwaukee and landed a job at George Meyers Co., building machinery for the bottling industry. He worked there 18 years, plying his knack for building and repairing just about anything to keep the manufacturing equipment up and running. After 13 years, he was invited to join a team of engineers in the start-up research and development department. When George Meyers Co. later decided it could no longer sustain R&D, Ron suffered the same fate as the engineers—he was out of a job. By that time, he was 60 years old but no where near ready to retire.

"I never even thought of retiring because I always liked what I did." Ron found employment with Pratt Manufacturing, where he built and maintained equipment for manufacturing pharmaceutical supplies such as cotton balls, gauze strips and cotton swabs. He worked until age 75.

When asked about his philosophy of life, without hesitation Ron says, "Stay busy. Find something you like to do and do it."

"I've always loved to make stuff, and have always made things for my family for Christmas, but eventually, I ran out of ideas." Ron's latest hobby evolved from a bright idea he had in 1994 to construct a miniature replica of his family farmstead. Soon he was making miniatures for friends and acquaintances and that created a buzz of phone calls and letters with requests to recreate treasured family homes and community landmarks. For most projects he works from photographs,

Ron Schwartz on "the good old days":

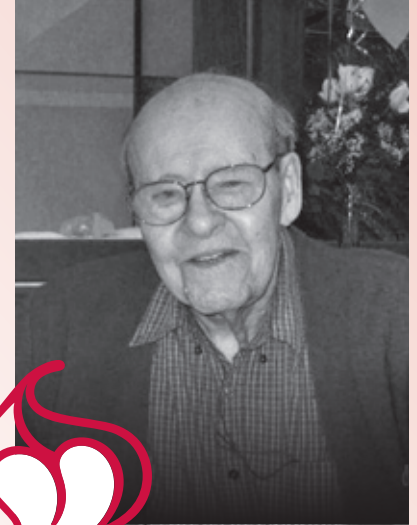
"People are in too much of a hurry now.

In the days of the horse and buggy, maybe you were in a hurry but there was nothing you could do about it!"

but all the East Troy town square storefronts from his hometown came from memory. He spent an entire winter fine tuning the likes of Clancy's Hardware, Vinn's Drugstore, and Justin's Tavern, just to name a few, "and it all came from up here," says Ron, tapping his noggin.

Ron concedes that genetics play a big role in his longevity. His grandmother lived to be 100, and his own mother and father, to 104 and 101 respectively. Says Ron, "They didn't live like I do. They lived a quieter life, but they did love to play cards!"

Ron admits to wondering if he would be around to mark his 100th birthday



on Valentine's Day this year, but it didn't keep him from making party plans with the St. Anne's staff. Eighty names comprised his invitation list, including family, friends, people from church, people from his seniors group, even his doctor. Not every one is a close personal friend, but Ron says each and every one has, in some way, contributed to his long and wonderful life.

Ron's association with St. Anne's Salvatorian Campus began when his wife Mary entered the skilled care unit.

He spent his days there with Mary and came to know well everyone involved in her care. When Mary passed away in 2002, rather than losing touch with St. Anne's, Ron's relationship grew stronger. For eight years now, he's been volunteering twice a

week, assisting residents get to and from the dining rooms for meals.

Ron's decision to support St. Anne's Salvatorian Campus likewise flowed from his genuine desire to help others. When Ron saw family members and friends in need he knew he could do more good by sharing his financial resources than letting them sit in the bank.

"I was a good saver and Mary was a good saver. Now I've reached a point where I don't have to save anymore. And, it felt good when I could help someone who needed it." Now, Ron holds onto that good feeling through his generosity to St. Anne's. ♥

HeartStrings 2011

SEPTEMBER 27, 2011 5:30 P.M.

Davian's Banquet & Conference Center

- Silent auction & raffles • Great food & music •
- Win a trip to Rome! •

For further information on sponsorships, raffle tickets, auction donations, or reservations please contact Amy Lanphear at 414-466-7414 or lanpheara@salvatoriansisters.org



Left to right: Lynn Vogt, Barb and Phil Hesselbein, and Renee and Gary Messing at HeartStrings 2010.

ST. ANNE'S CINEMA

Our wish... a movie theatre for residents and their families

We have received donations for the theatre, but still need your help to make our wish come true. The theatre would include:

- HD flat screen television
- Surround sound
- Popcorn machine and small refrigerator for beverages
- Seating with cup holders
- Marquee for entrance to the theatre
- Theatre décor

If you wish to make a contribution contact the Development Office at 414-466-7414 or sdsdev@salvatoriansisters.org.

2011 Calendar

March 8	Mardi Gras Parade
April 24	Easter Sunday 9:45 a.m. Easter Mass
May 8-May 14	National Nursing Home Week
May 14	Pancake Breakfast 9 – 11 a.m. <i>Reservations required</i>
May 21	Spring Cleanup 10 a.m. – 2 p.m.
July 26	St. Anne's Feast Day
September 27	HeartStrings <i>SAVE THE DATE, See details at left</i>

ST. ANNE'S SALVATORIAN CAMPUS

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St. Anne's publishes this newsletter two times a year. If you receive a duplicate or wish to be removed from our mailing list, please call 414-466-7414.

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ST. ANNE'S MISSION

St. Anne's mission is to provide residents with care and compassion in a respectful, home-like environment that honors individual dignity. Following the mission and philosophy of the Sisters of the Divine Savior and the beliefs of the Catholic faith, we strive to improve quality of life, promote justice, collaborate with our partners in service and be responsible stewards of our resources.

Find us on Facebook! www.facebook.com/Stannesscampus